

# Chiropractic Health Questionnaire

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It is well known that families who maintain strong healthy, well-aligned spines have much improved health. People whose spines are not kept in proper alignment are much more likely to develop health disorders later in life such as arthritis, illness, pain, heart attacks, strokes, and even cancer.



Date of Birth \_\_\_\_\_  
 Address \_\_\_\_\_ S.S.# \_\_\_\_\_ Age \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
 Marital Status: M W D S Spouse Name \_\_\_\_\_ #of Children \_\_\_\_\_  
 For insurance purposes, please list **policy holder's** date of birth \_\_\_\_\_

- Most patients are referred to our office by a caring family member or friend. What made you decide to visit our office? Friend/ Family Member Name \_\_\_\_\_  
 Yellow Pages Sign Website Presentation Newspaper/ Advertisement
- Research shows that your spine should be checked regularly. How many times have you visited a chiropractor in your lifetime? \_\_\_\_\_ Never
- Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem? Yes No If yes, explain \_\_\_\_\_
- Spinal misalignments cause decay and degeneration which results in grinding or cracking. Do you ever hear noises when you move your head or neck? Yes No
- Spinal misalignments can make you feel like you need to twist, stretch or crack your neck or back. Do you ever feel the need to crack or pop your neck or lower spine? Yes No
- Stress can cause or accelerate spinal damage. Rate your stress level over the last 90 days.  
 Low - 1 2 3 4 5 6 7 8 9 10 - High
- Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?  
 \_\_\_\_\_
- Is this visit related to an auto accident or injury? Yes No Date of Incident \_\_\_\_\_
- Spinal health is especially important during pregnancy. Is there any chance you are pregnant? Yes No
- Have you ever been diagnosed with cancer? Y N Type \_\_\_\_\_ Year \_\_\_\_\_
- If the doctor feels that chiropractic will help you, are you willing to follow her recommendations? Yes No
- Would you like to receive our monthly health and wellness newsletter via e-mail?  
 Yes No E-mail Address \_\_\_\_\_

**\*\*Please continue onto the back page**

